

SEL WORKSHEETS – DECISION MAKING

Solve Common Problems

PROBLEM SOLVING

grades 3-5

Quick, Easy, Bite-Size Worksheets

5 worksheets that break the topic up so students learn about one part at a time.



Each worksheet has an intro, a reflection question, and a brief exercise



Ready-to-print PDF or
Fill-in Google Slides

What's Covered

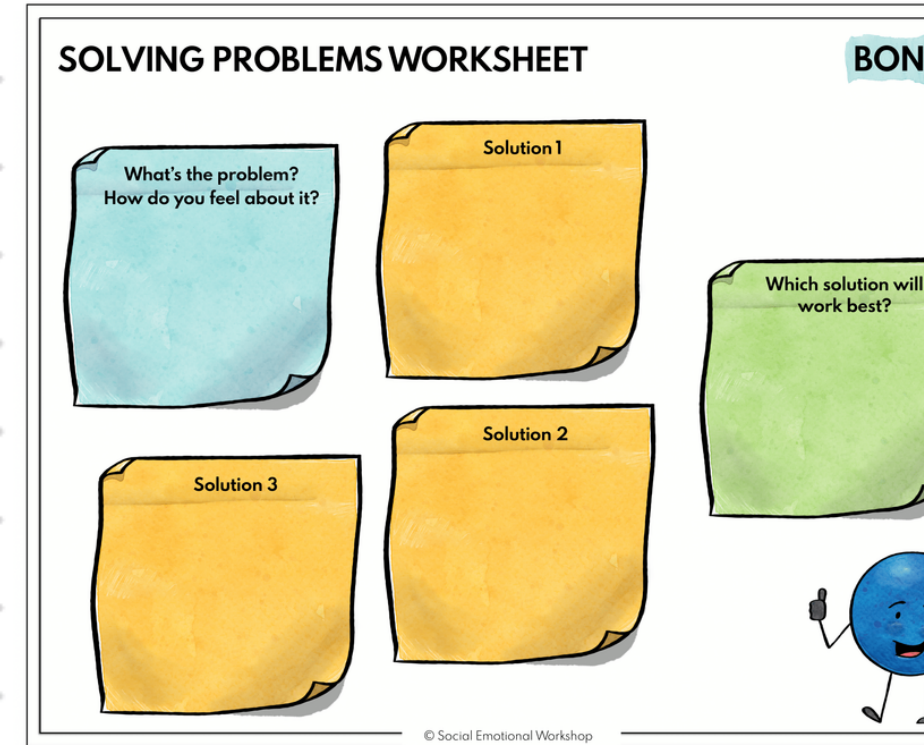
Problem solving process

Solving problems with peers

Problems getting in the way at school

Handling issues at recess

Reflection



Each Worksheet

FRONT

BACK

SOLVING EVERYDAY

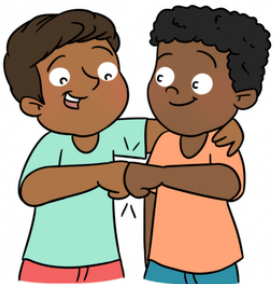
Often a problem will happen at recess. You might get mad about losing or someone might not want to share. You can solve most recess problems or ask an adult for help.

intro to topic

DAY 4

You can solve most problems that happen at recess.

Games at recess can often lead to problems. That's okay! We can come up with ways to decide who goes first, make sure everyone takes turns, and focus on being good sports.



Risky behaviors happen at recess, like going up the slide or jumping off something high. This can be a big problem and it's usually best to go to an adult.



SOLVING EVERYDAY PROBLEMS

Day 4

What can you do when someone is being unsafe at recess?



THINK ABOUT IT

personal reflection

LET'S TRY IT!



You are playing a game at recess and have an even number of players on each team. Jai asks to join and Phillip says that you already have enough players. What can you do to include Jai so that he is not left out? Brainstorm three to four solutions and star the one you think is the best.

Empty box for brainstorming solutions.

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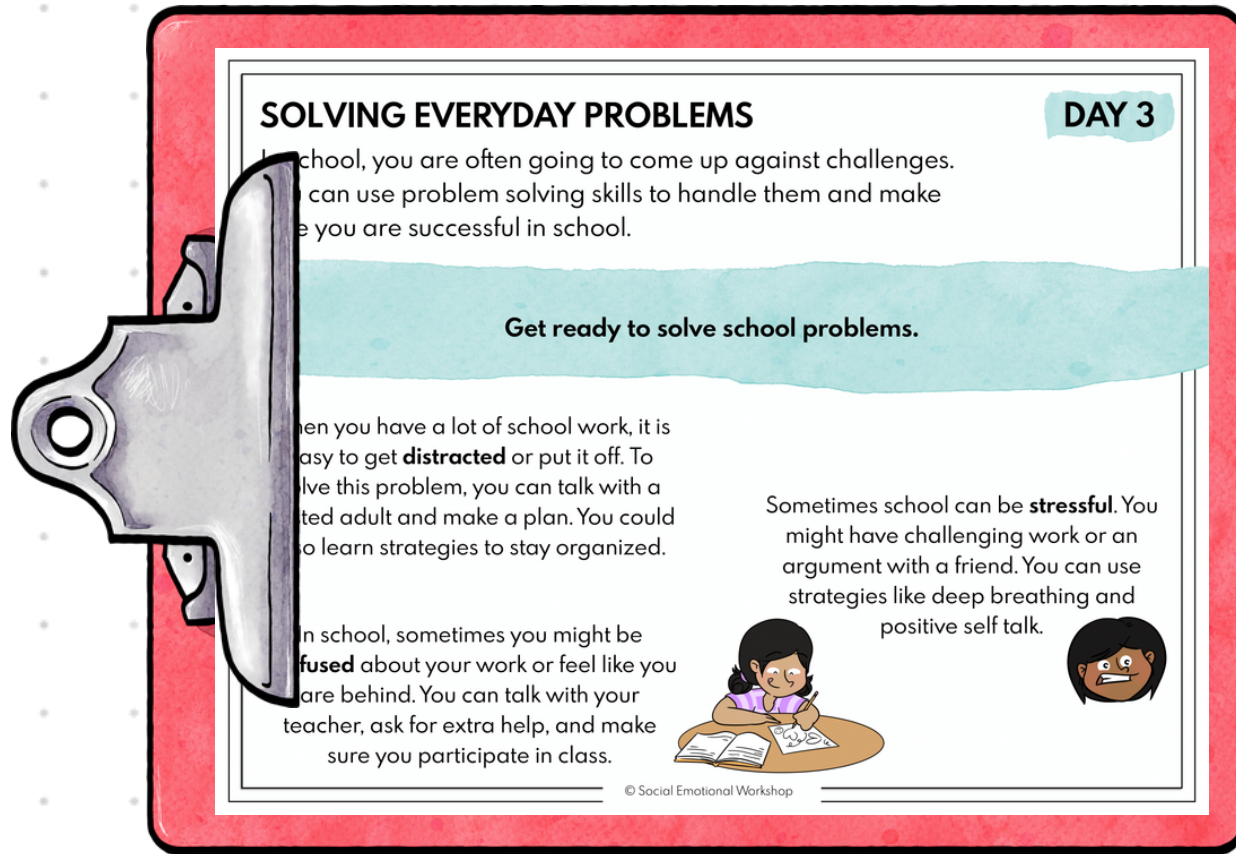
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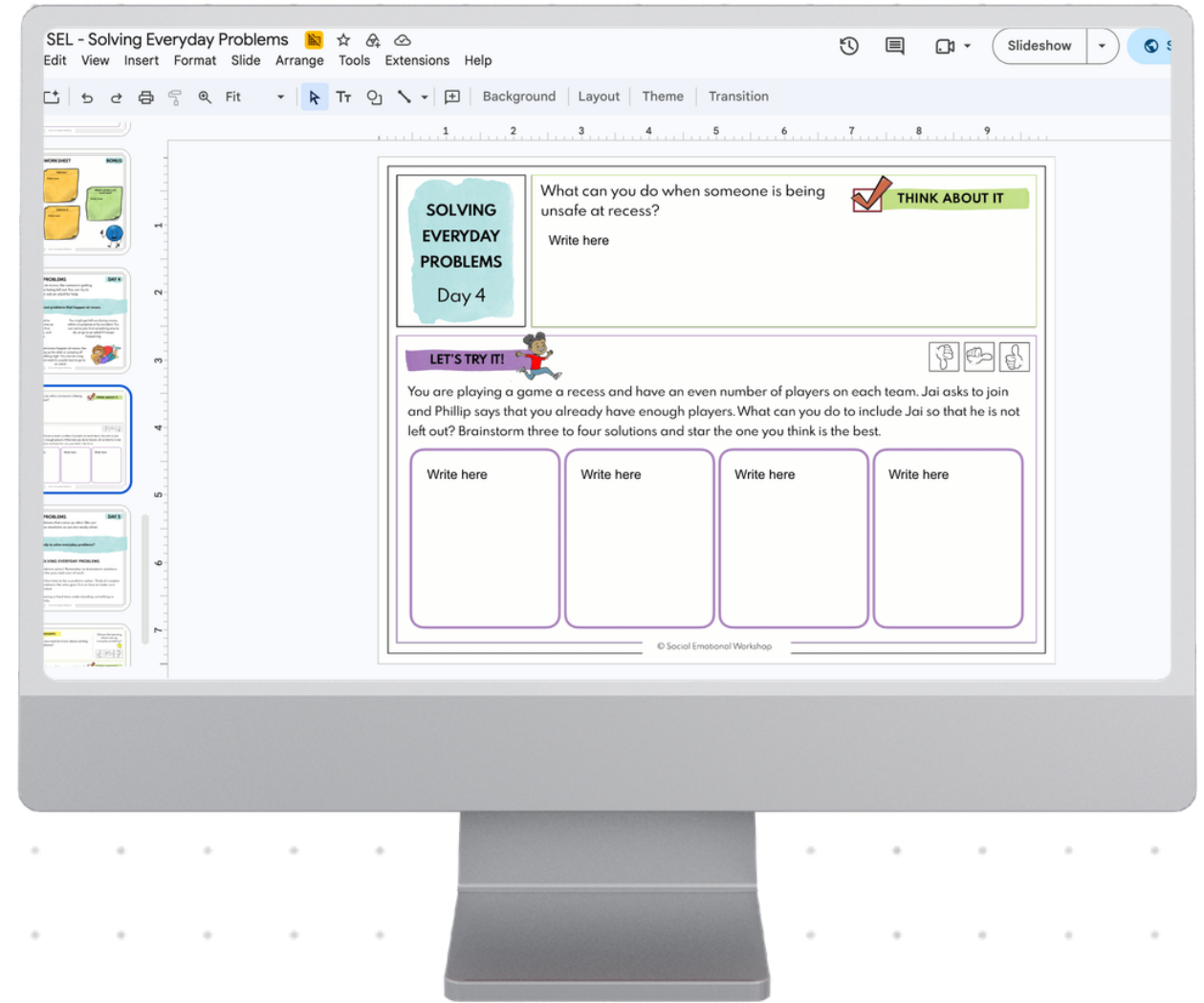
brief
exercise

Print and Digital Options

PDF in Color or BW



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Details



Grade Level

3rd to 5th



Made For

Classroom and counseling



File Format

PDF

Google Slides



AND

Print and go

No prep

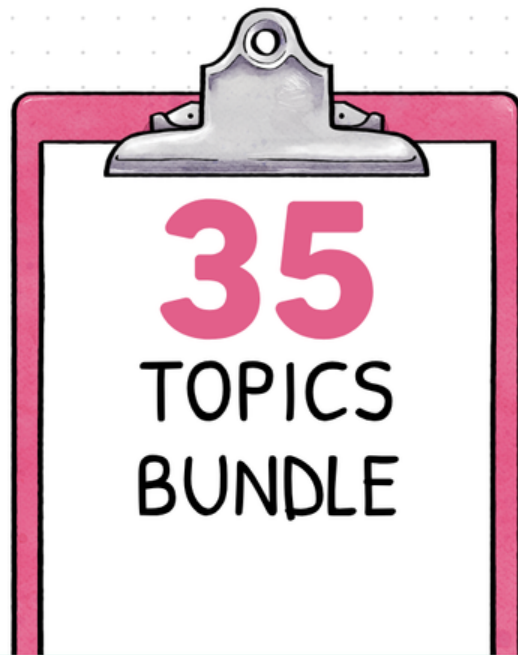


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Social Emotional
Workshop 

Hi! I'm Laura

I create research-driven, uncomplicated tools and resources that help students build social and emotional skills in the classroom and counseling.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

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