

SEL WORKSHEETS - SOCIAL AWARENESS

understanding
SOCIAL CUES

grades 3-5

Quick, Easy, Bite-Size Worksheets

5 worksheets that break the topic up so students learn about one part at a time.



Each worksheet has an intro, a reflection question, and a brief exercise



Ready-to-print PDF or
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What's Covered



Using social cues

Body language, voice, expressions

Reading between the lines

Hidden social rules and messages

Reflection

Each Worksheet

FRONT

BACK

SOCIAL CUES

There are lots of hidden clues you find with other people. Part of the clues you find.

intro to topic

DAY 4

You can discover the hidden rules when you are around others.

Using clues you find, take a guess at what people feel and think. What does their body language tell you? What do their words tell you? Remember people aren't always showing you exactly what they think or feel.



Once you know what people are thinking and feeling, you can **decide how you should respond**. What is expected? What will others think and feel?

Social Cues

Day 4

If you figured out that someone was frustrated with you, how can you respond?



THINK ABOUT IT

personal reflection

LET'S TRY IT!



You are working in a group and everyone is focused on reading the directions. You keep talking and Jenny looks at you and rolls her eyes before going back to reading.

How does Jenny feel or what does she think?

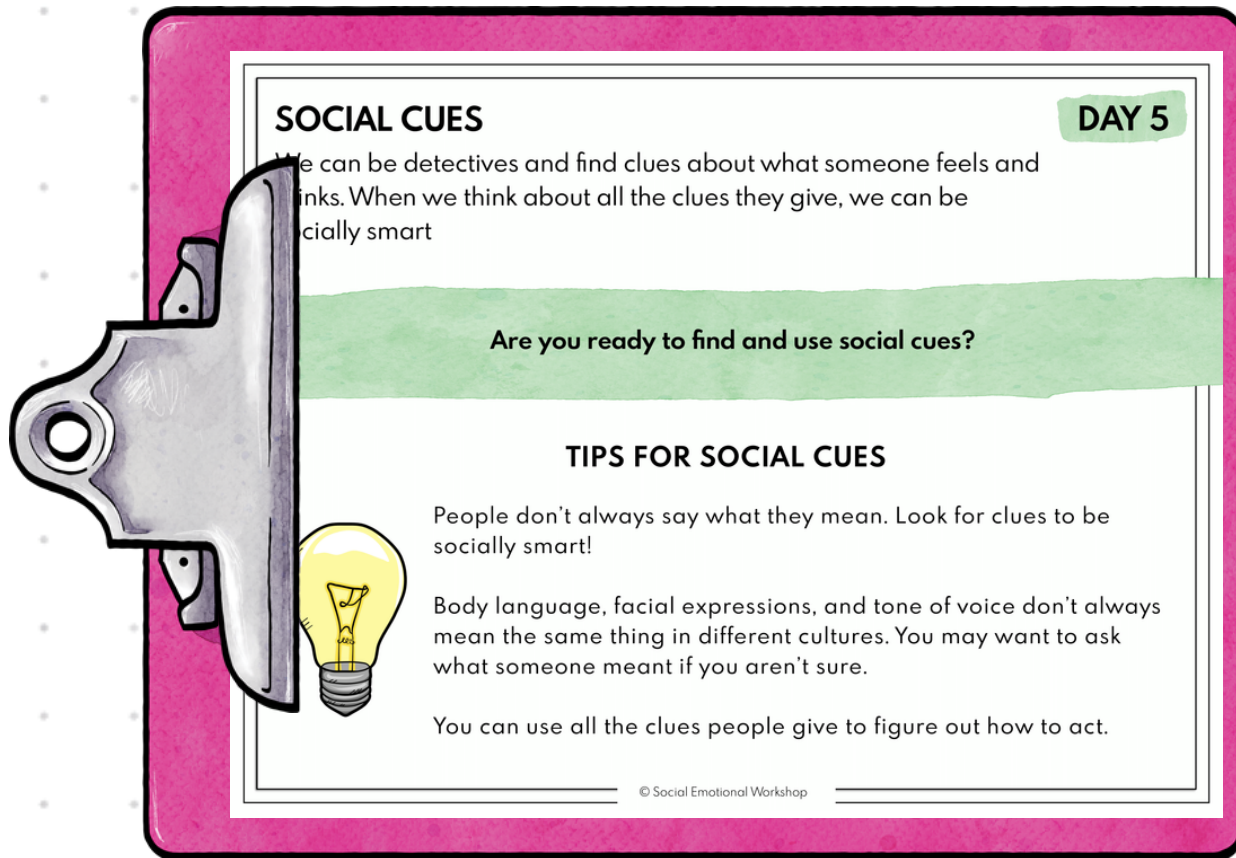
How should you respond?

brief exercise

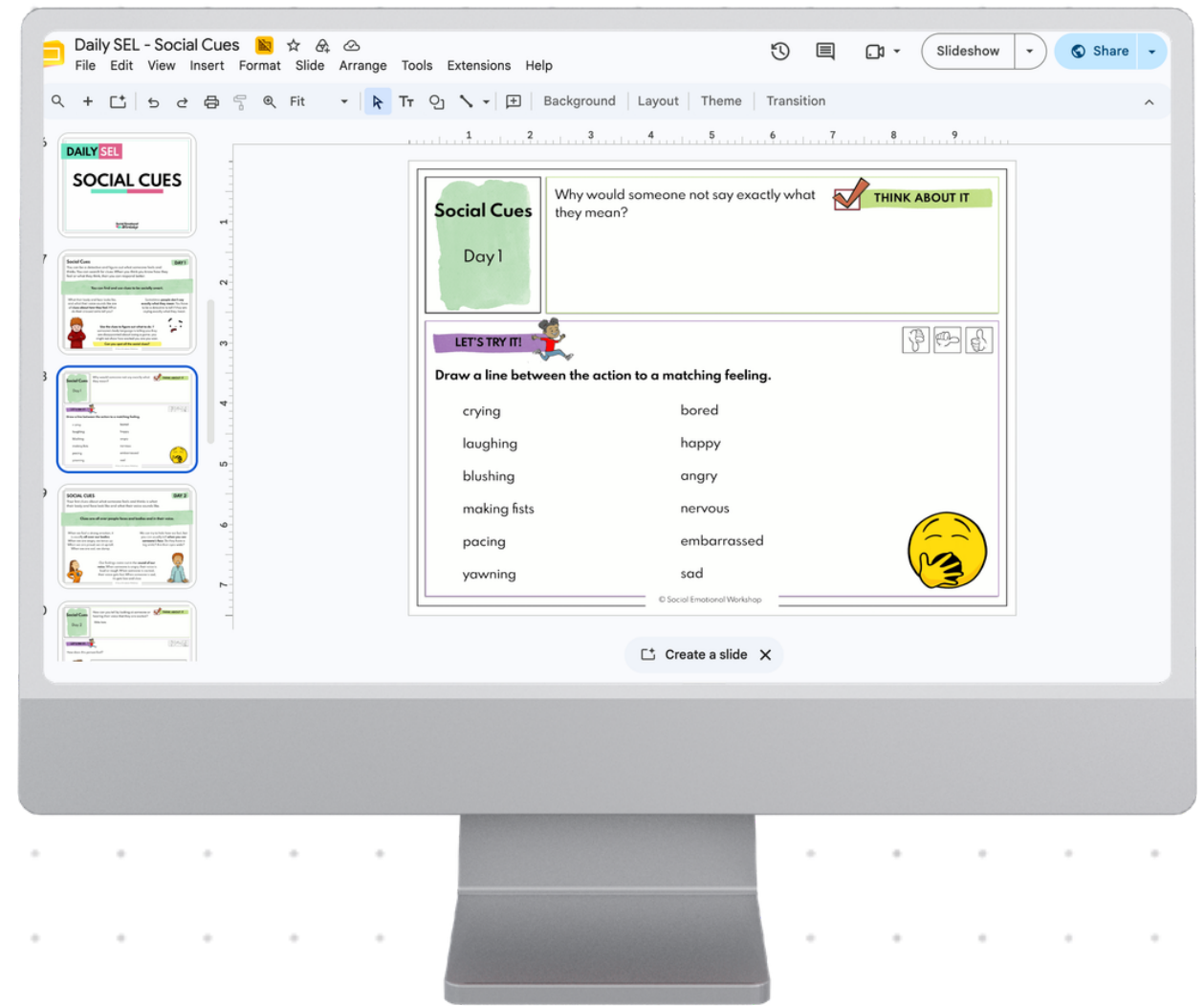


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Details



Grade Level

3rd to 5th



Made For

Classroom and counseling



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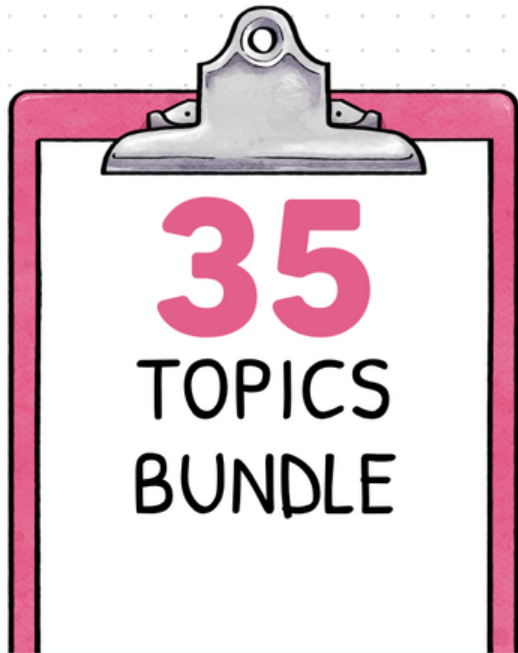


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Social Emotional
Workshop 

Hi! I'm Laura

I create research-driven, uncomplicated tools and resources that help students build social and emotional skills in the classroom and counseling.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

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