

SEL WORKSHEETS – DECISION MAKING

what's important to you
PERSONAL VALUES

grades 3-5

Quick, Easy, Bite-Size Worksheets

5 worksheets that break the topic up so students learn about one part at a time.



Each worksheet has an intro, a reflection question, and a brief exercise



Ready-to-print PDF or
Fill-in Google Slides

What's Covered



Introduce and explore personal values

Identifying your values

Other people's values

Values impact how we think, feel, & act

Reflection

Worksheet Layout

FRONT

BACK

PERSONAL VALUE

Everyone has different values. Most, others value independence. Values can sometimes cause conflicts.

intro to topic

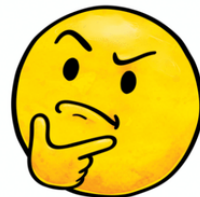
DAY 3

It's okay that people value different things.

Sometimes we share values with others and sometimes we don't share the same values. This can cause conflict when we disagree.



When people have different values, they will make different decisions and feel and think differently. We can try to understand how someone else feels or acts by thinking about what they value.



You have a unique set of values. Your set of values isn't better or worse than someone else's.

PERSONAL VALUES

Day 2

Why would you want to know your personal values?



THINK ABOUT IT

personal reflection

LET'S TRY IT!



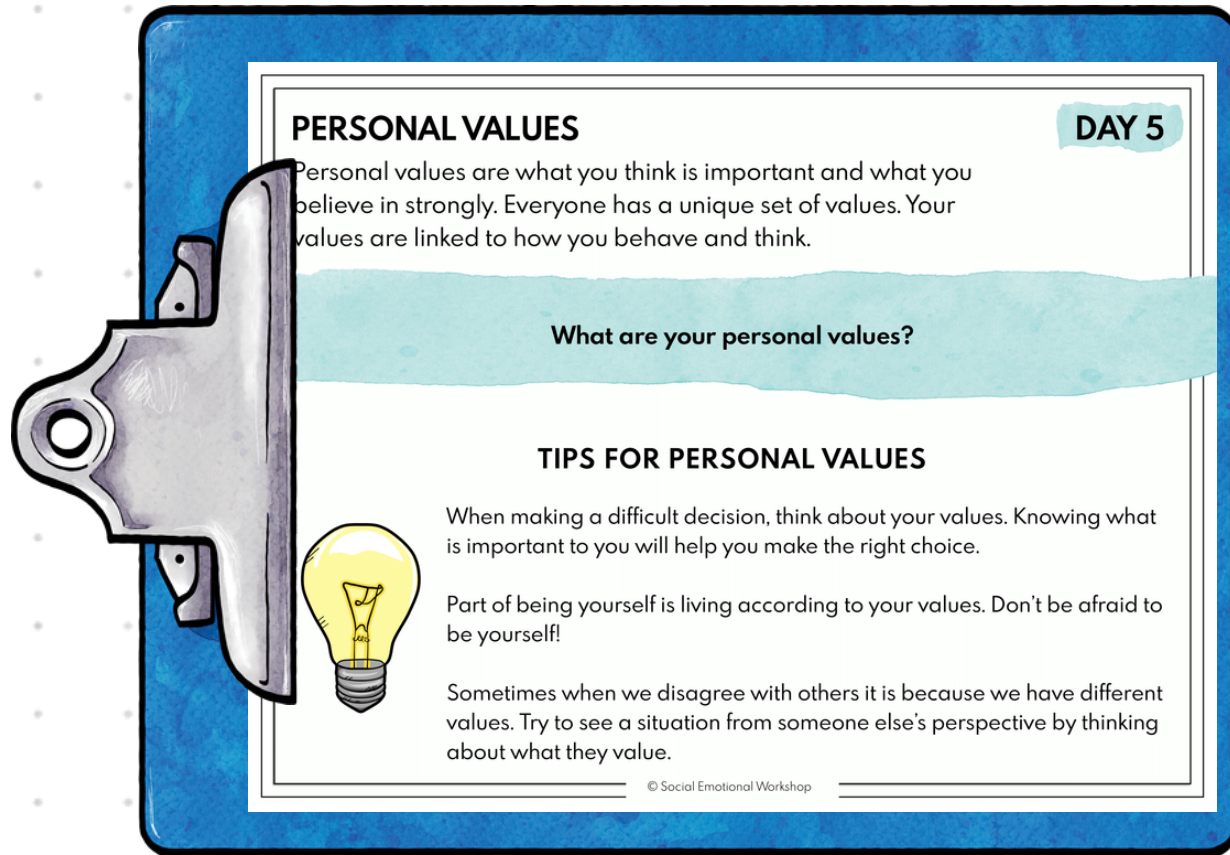
1. Circle 7 values that are important to you. 2. Pick two of those as your top values and put a star next to them. 3. Cross out a value that isn't important to you at all.

honesty	community	popularity	family
dependability	self-reliance	money	friends
responsibility	health	organization	compassion
persistence	knowledge	safety	creativity
kindness	material goods	creativity	adventure
respect	academics	independence	ambition
fairness	fun	integrity	happiness

brief
exercise

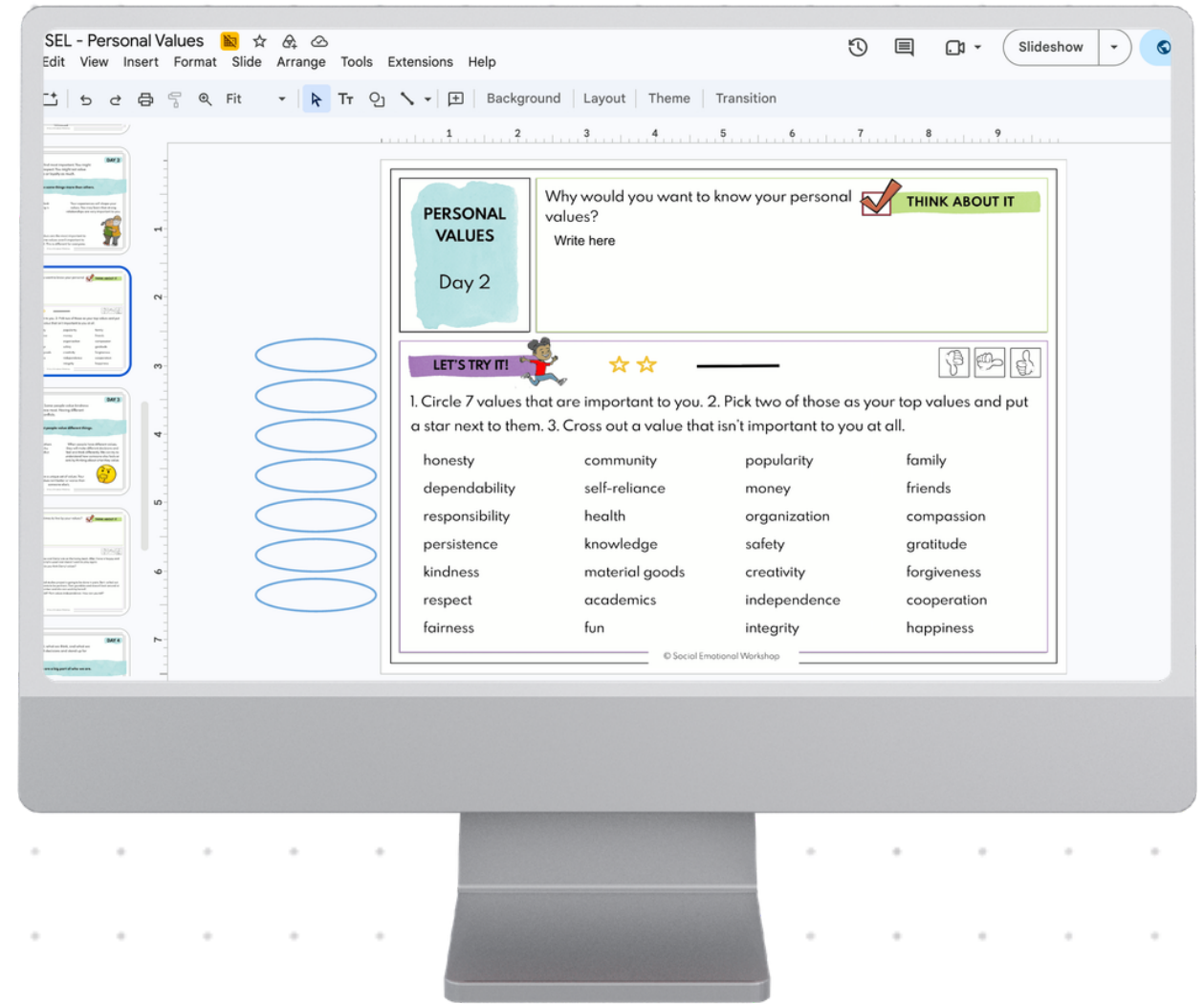
Formats

Print in Color or BW



Fill-In Google Slides

Students can fill in the worksheets.



Details



Grade Level

3rd to 5th



Made For

Classroom and counseling



File Format

PDF

Google Slides



AND

Print and go

No prep

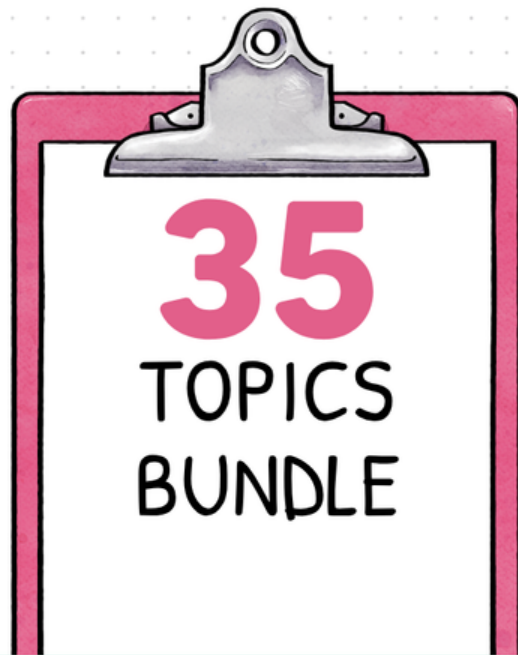


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Social Emotional
Workshop 

Hi! I'm Laura

I create research-driven, uncomplicated tools and resources that help students build social and emotional skills in the classroom and counseling.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

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