

SEL WORKSHEETS – RELATIONSHIPS

making and keeping **FRIENDS**

grades 3-5

Quick, Easy, Bite-Size Worksheets

5 worksheets that break the topic up so students learn about one part at a time.



Each worksheet has an intro, a reflection question, and a brief exercise



Ready-to-print PDF or
Fill-in Google Slides

What's Covered

How to make friends

How to start conversations

How to be a good friend

Reflection

FRIENDS

Day 3

Is it easy for you to start or join conversations?

LET'S TRY IT!



Circle three ways you think are the best to start a conversation.

Notice something about someone

Offer

Tell them something interesting

Compl

Ask for their opinion

Ask th

Ask for help

Comr

Pick one and write a specific example.

© Social Emotional Workshop

Each Worksheet

FRONT

BACK

MAKING AND BEING

Part of making and keeping a conversation that is already happening.

intro to topic

DAY 3

Good conversation skills help you make friends.

Start a conversation by asking questions or noticing something. You could notice their new haircut and tell them it looks good.

When you join a conversation, wait for a break and stay on topic. If they are talking about the field trip, don't bring up the baseball game you went to.



Keep a conversation going by asking for more details, sharing something related, or share something that would be interesting to them. If someone is telling you about their science experiment, ask questions or say how you saw something similar at the museum.

FRIENDS

Day 1

Think of one of your friends. How did you become friends?



THINK ABOUT IT

personal reflection

LET'S TRY IT!



Pick which trait you would rather have in a friend.



Would you rather have a friend

who never gets upset when they lose

who tells you how they feel

who makes you laugh

who you can trust to keep a secret

who is always with you

who

who

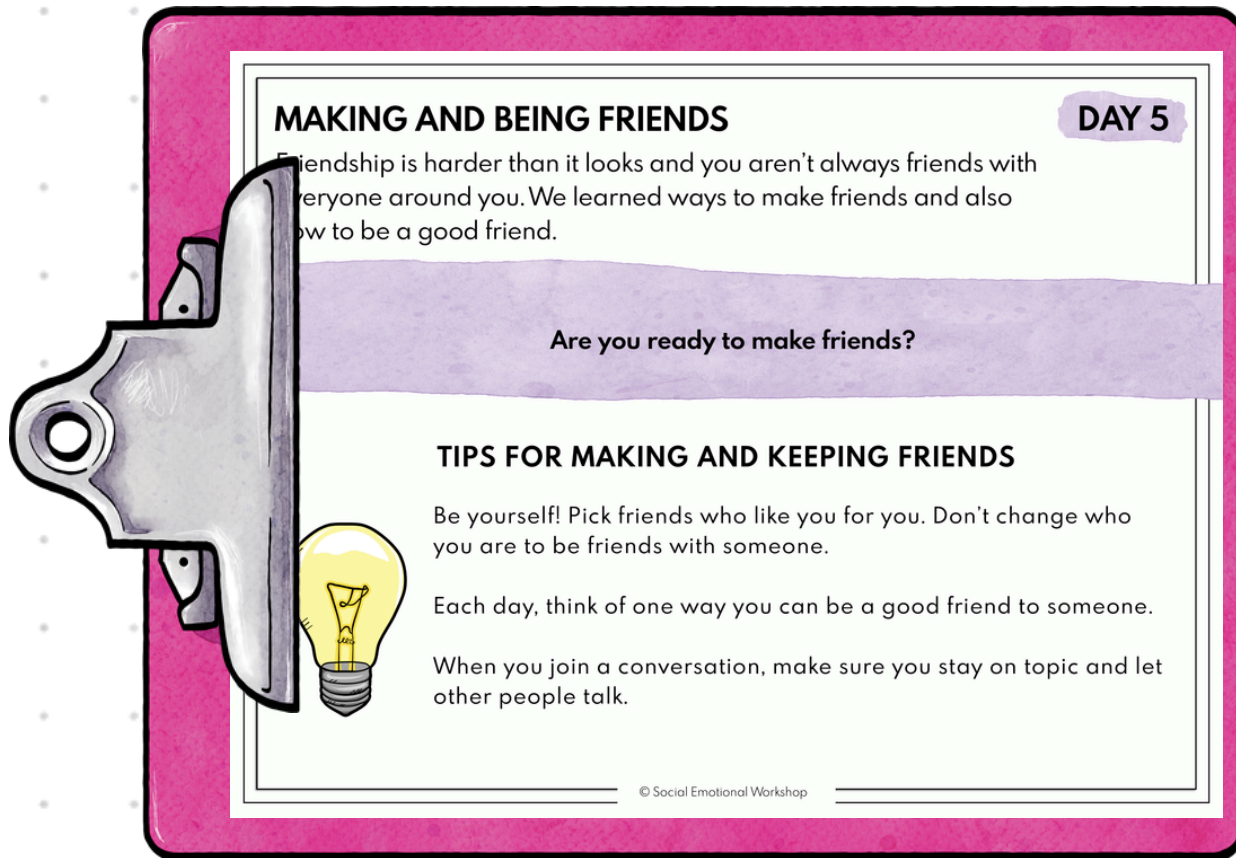
who cheers you on

brief
exercise

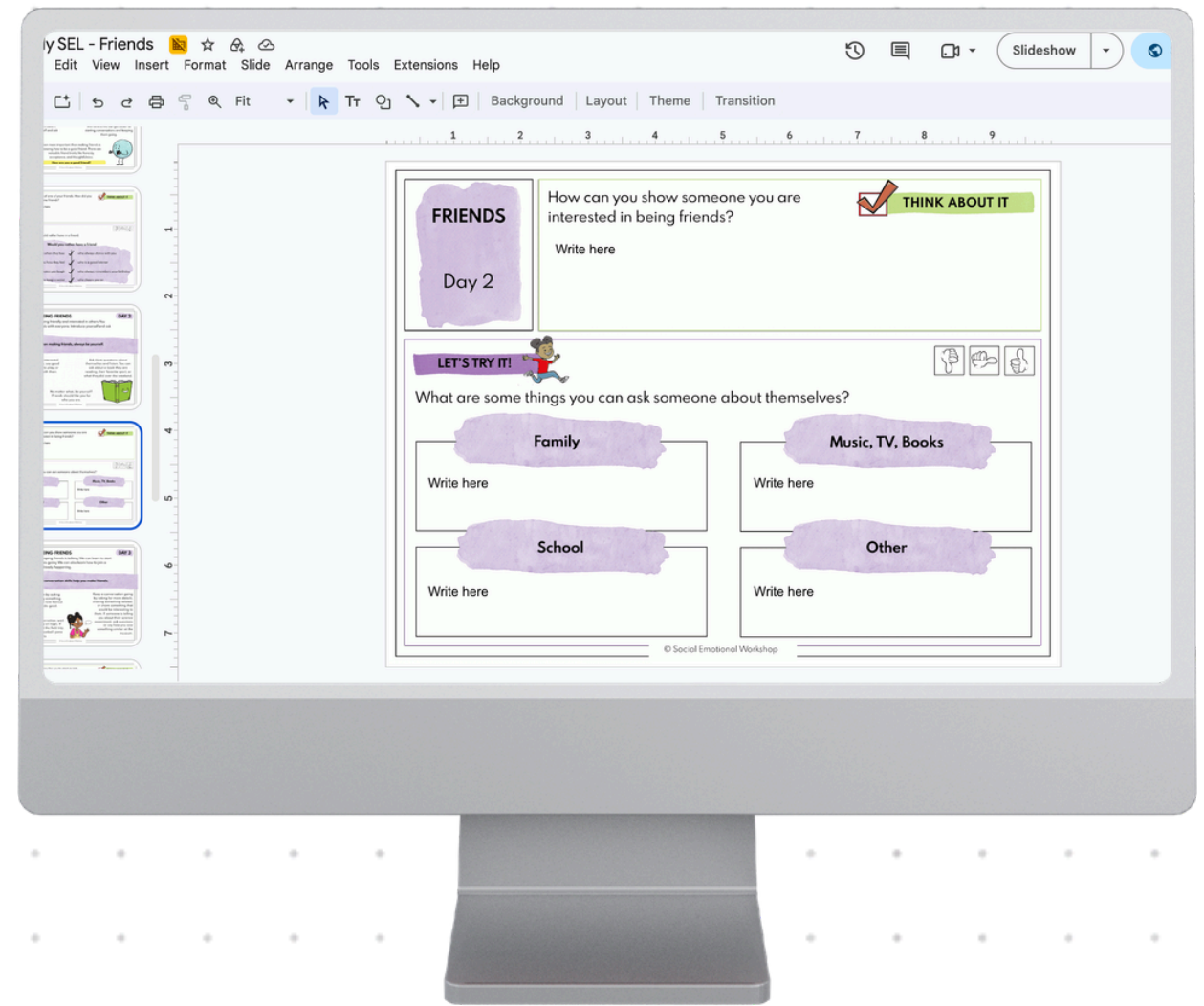
birthday

Print and Digital Options

Print in Color or BW



Fill-In Google Slides



Details



Grade Level

3rd to 5th



Made For

Classroom and counseling



File Format

PDF

Google Slides



AND

Print and go

No prep



Printing

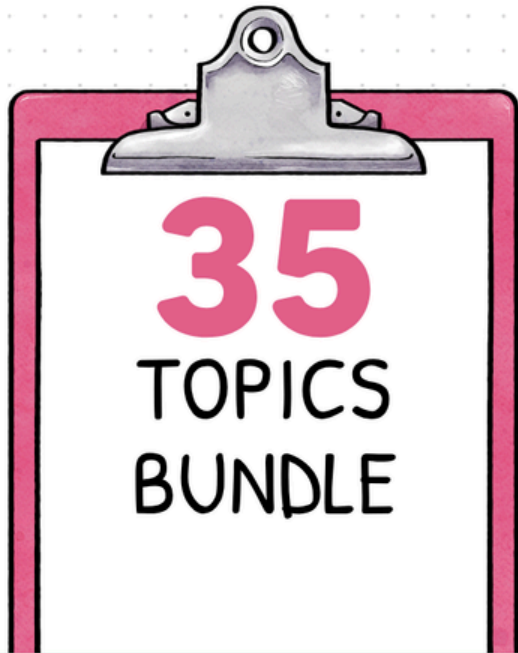
Color and BW

Buy the Bundle & save

Get all 35 topics
and save 30%

See the bundle

DAILY SEL SEL WORKSHEETS



NO PREP
PRINTABLES
FILL-IN
GOOGLE SLIDES

Social Emotional
Workshop 

GRADES 3-5

Social Emotional
Workshop 

Hi! I'm Laura

I create research-driven, uncomplicated tools and resources that help students build social and emotional skills in the classroom and counseling.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

contact: support@socialemotionalworkshop.com



connect



shop

