

SEL WORKSHEETS – DECISION MAKING

making good
DECISIONS

grades 3-5

Quick, Easy, Bite-Size Worksheets

5 worksheets that break the topic up so students learn about one part at a time.



Each worksheet has an intro, a reflection question, and a brief exercise



Ready-to-print PDF or
Fill-in Google Slides

What's Covered

Decisions we make

Easy vs hard decisions

Decision making steps

What to consider

Reflection

MAKING DECISIONS

Every day you make lots of decisions. Some are difficult decisions and some are easy decisions. You can make good decisions when you stop and think.

Are you ready to make good decisions?

TIPS FOR DECISION MAKING



Making a pro/con list when you have a difficult decision helps to see the positives and negatives written out.

Write down what's important to you about a decision. Make sure you focus on that when you make your choice.

Sometimes other people aren't happy with the decision you make. That's okay as long as you took time and tried to make a good decision.

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Each Worksheet

FRONT

BACK

MAKING DECISIONS

Learning to make good choices in a situation, figuring out your positives and negatives of each choice.

intro to topic

DAY 3

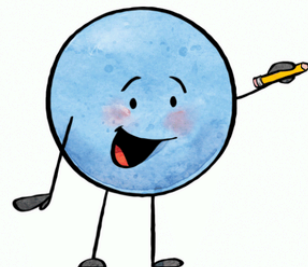
Brainstorm the choices and come up with positives and negatives.

When we have a difficult decision to make, first we can brainstorm the possible choices. Maybe you are choosing between playing baseball or taking piano lessons or spending time with your grandma after school.



You should also think about the consequences of each choice. What will happen right away and in the future because of this choice?

For each choice, you can write out what the positives and negatives are. This will help you decide which choice is the best one.



MAKING DECISIONS

Day 2

What's an easy decision you made today?



THINK ABOUT IT

personal reflection

LET'S TRY IT!



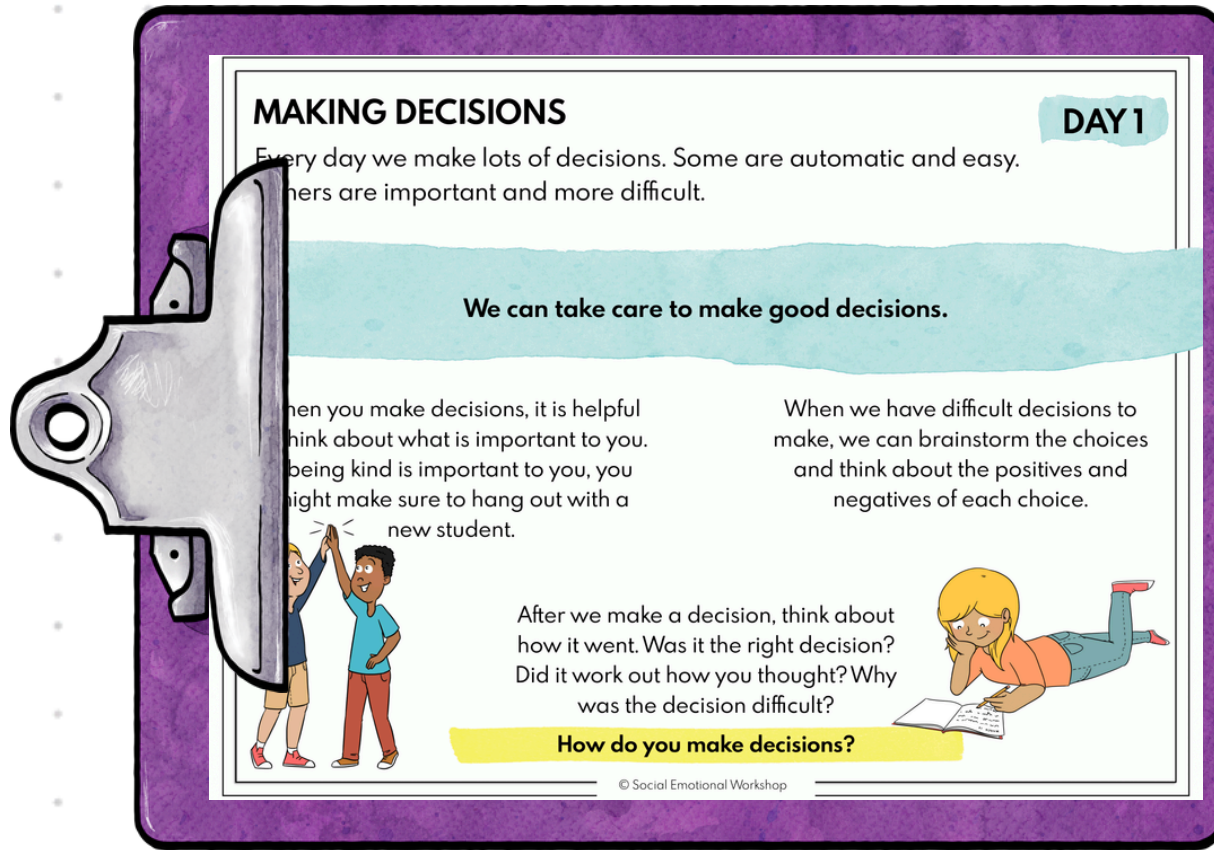
Are these decisions easy or hard to make?

- | | | | |
|-------------------------------|--------------|-----------------------|--------------|
| 1. To tell a lie | Easy or Hard | 9. To cheat on a test | Easy or Hard |
| 2. What clothes to wear | Easy or Hard | 10. To do your chores | Easy or Hard |
| 3. What to eat for breakfast | Easy or Hard | 11. To go to house | Easy or Hard |
| 4. What to read | Easy or Hard | 12. To keep house | Easy or Hard |
| 5. To study or watch tv | Easy or Hard | 13. Who to talk to | Easy or Hard |
| 6. To go to school | Easy or Hard | 14. To go to school | Easy or Hard |
| 7. To tattle on a friend | Easy or Hard | 15. To find a friend | Easy or Hard |
| 8. To have long or short hair | Easy or Hard | | |

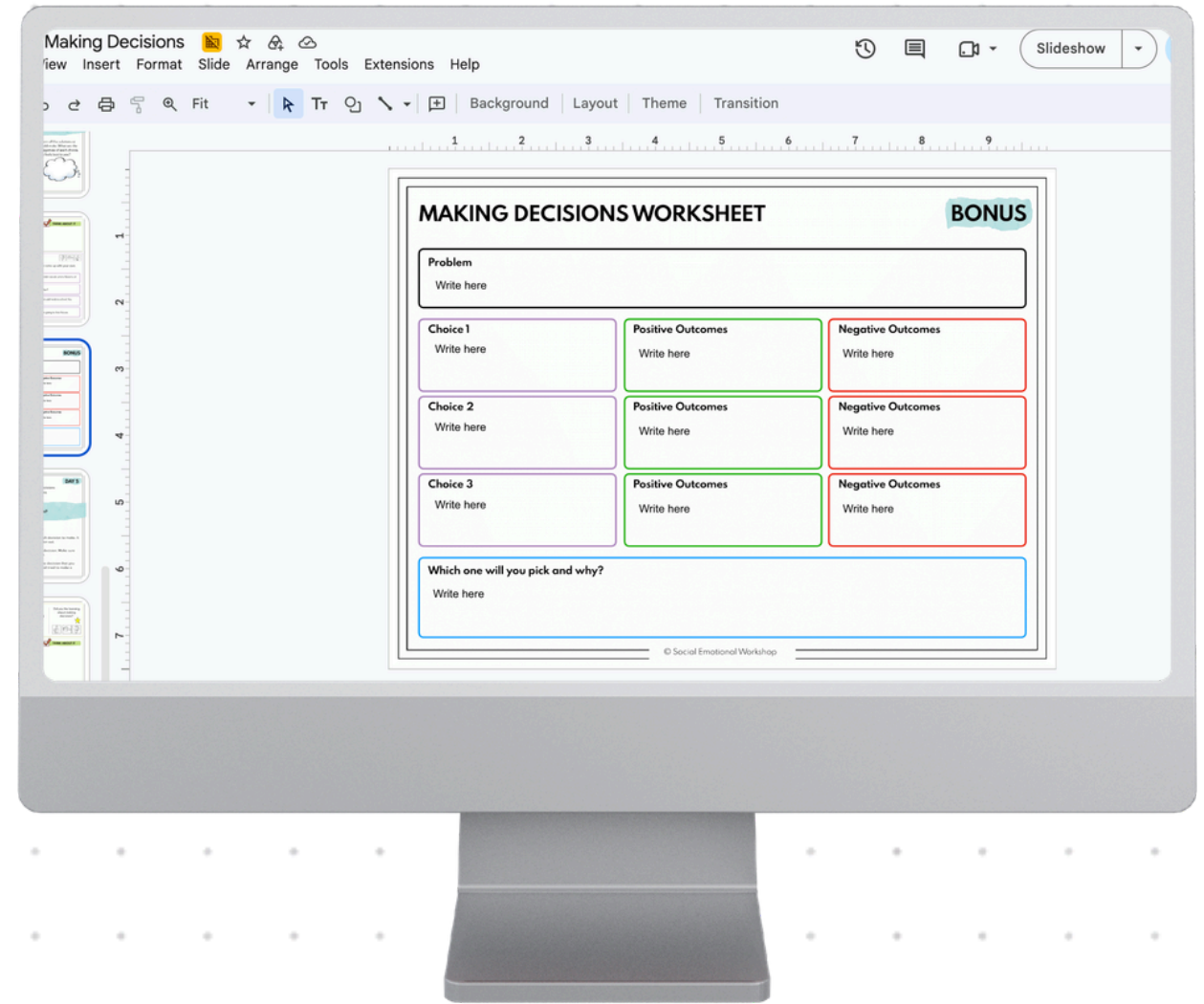
brief exercise

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Details



Grade Level

3rd to 5th



Made For

Classroom and counseling



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Printing

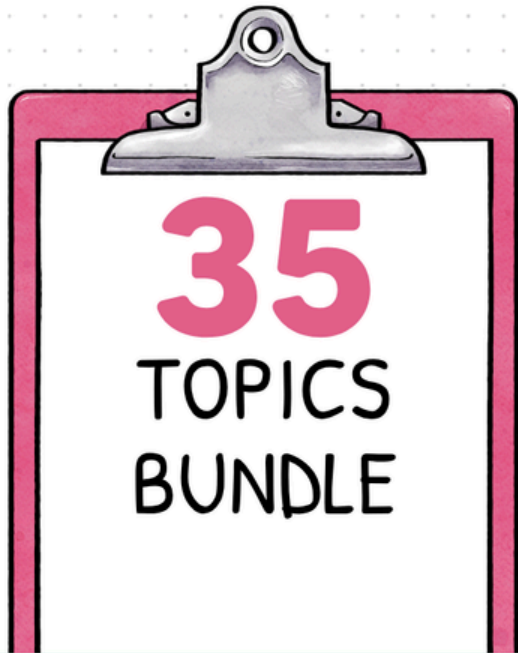
Color and BW

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GRADES 3-5

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Hi! I'm Laura

I create research-driven, uncomplicated tools and resources that help students build social and emotional skills in the classroom and counseling.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

contact: support@socialemotionalworkshop.com



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