

SEL WORKSHEETS – RELATIONSHIPS

resolving **CONFLICTS**

grades 3-5

Quick, Easy, Bite-Size Worksheets

5 worksheets that break the topic up so students learn about one part at a time.



Each worksheet has an intro, a reflection question, and a brief exercise



Ready-to-print PDF or
Fill-in Google Slides

What's Covered



Step-by-step way to resolve conflicts

Share and listen

Brainstorm solutions

Resolving the conflict

Reflection

Worksheet Layout

FRONT

BACK

CONFLICT RESOLUTION

After you choose a solution, you can thank the other person. This is how you know the problem is resolved.

intro to topic

DAY 4

You can find good solutions and move on from a conflict.

Thank

You can thank the person for working this problem out with you.



Forgive

If you want, you can forgive the person for any mistakes that were made. It's alright if you aren't ready to forgive.

Affirm

You can end the agreement with a handshake, hug, or kind word.



CONFLICT RESOLUTION

Day 4

Sometimes you aren't ready to forgive someone. That's okay. What can you say or do if you aren't ready to forgive someone?



THINK ABOUT IT

personal reflection

LET'S TRY IT!



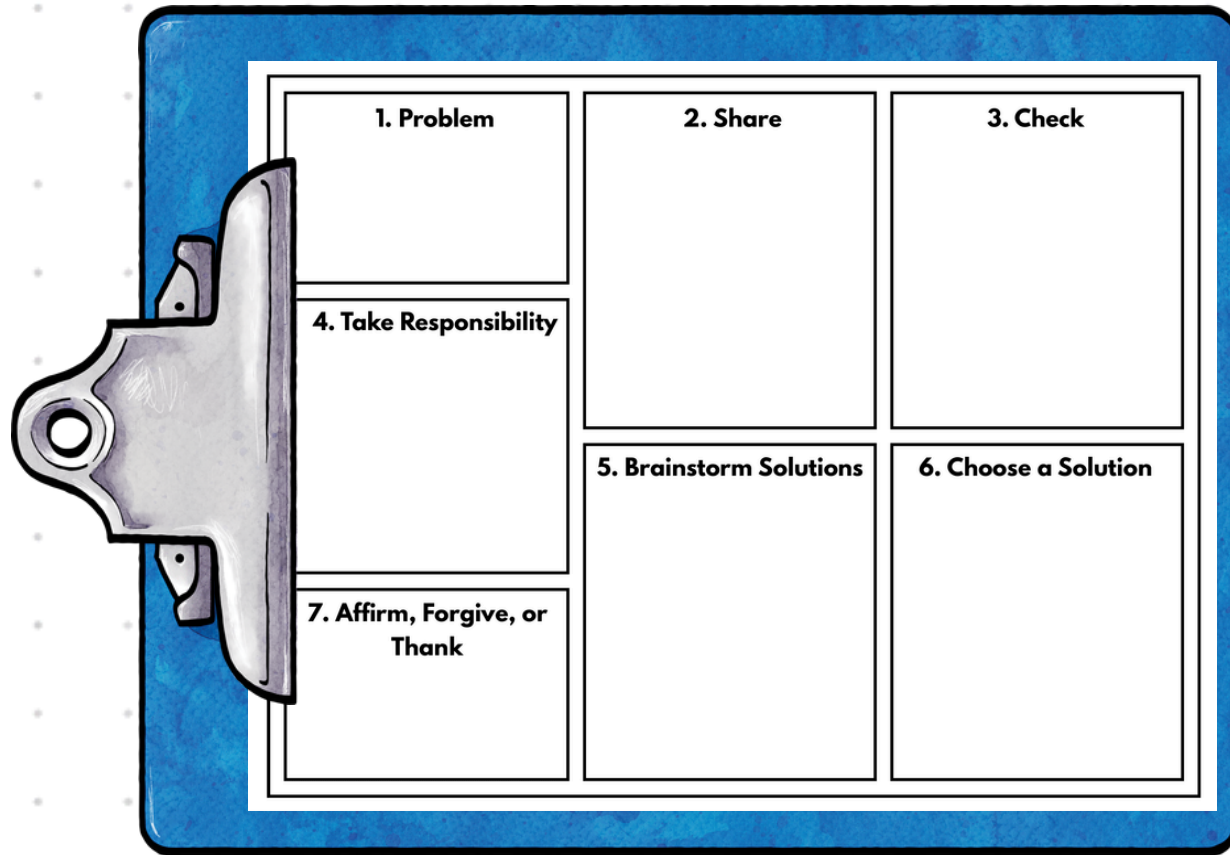
Pick a situation/problem below or write one based on your own experience. Go through the conflict resolution steps to help you solve the problem. Use the provided graphic organizers.

1. Jelani and Killian choose the same topic for their social studies project. Jelani takes out most of the books at the library and Killian doesn't have time to read. Killian tries to take some of the books from Jelani without asking.
2. Victoria starts a game at recess. Beatrice doesn't agree. Victoria thinks Victoria is being unfair. Victoria is annoyed Beatrice is ruining the game.
3. Mac and his sister, Tricia, are watching TV. Mac changes the channel. Tricia wants to watch and Tricia is mad. She steals the remote and keeps changing the channel.

brief
exercise

Formats

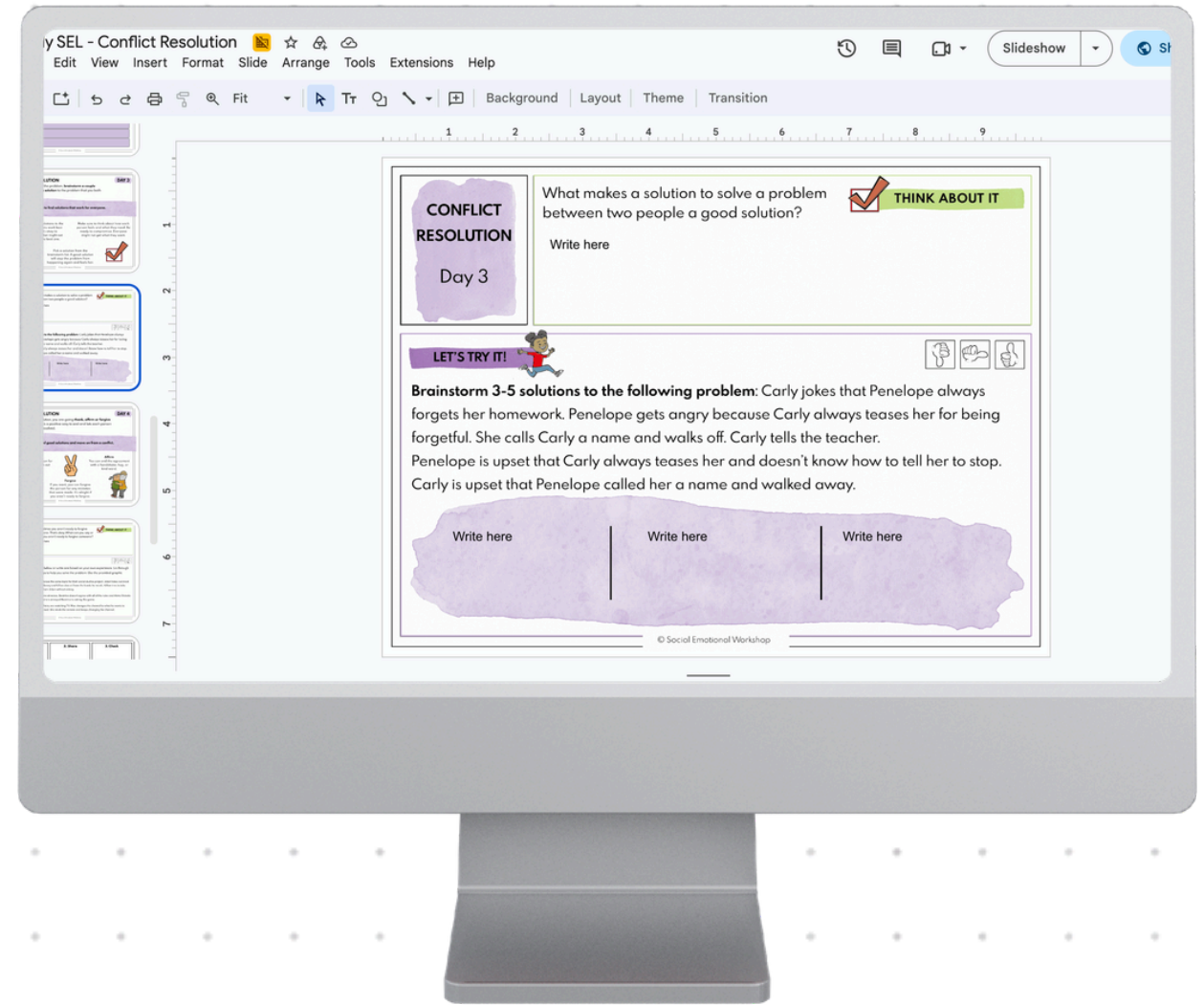
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1. Problem	2. Share	3. Check
4. Take Responsibility		
7. Affirm, Forgive, or Thank	5. Brainstorm Solutions	6. Choose a Solution

Fill-In Google Slides

Students can fill in the worksheets.



SEL - Conflict Resolution

Edit View Insert Format Slide Arrange Tools Extensions Help

Background Layout Theme Transition

1 2 3 4 5 6 7 8 9

CONFLICT RESOLUTION
Day 3

What makes a solution to solve a problem between two people a good solution? **THINK ABOUT IT**

Write here

LET'S TRY IT!

Brainstorm 3-5 solutions to the following problem: Carly jokes that Penelope always forgets her homework. Penelope gets angry because Carly always teases her for being forgetful. She calls Carly a name and walks off. Carly tells the teacher. Penelope is upset that Carly always teases her and doesn't know how to tell her to stop. Carly is upset that Penelope called her a name and walked away.

Write here Write here Write here

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Details



Grade Level

3rd to 5th



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Classroom and counseling



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Social Emotional
Workshop 

Hi! I'm Laura

I create research-driven, uncomplicated tools and resources that help students build social and emotional skills in the classroom and counseling.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

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