

SEL WORKSHEETS – SELF AWARENESS

making good choices

RESPONSIBILITY

grades 3-5

Quick, Easy, Bite-Size Worksheets

5 worksheets that break the topic up so students learn about one part at a time.



Each worksheet has an intro, a reflection question, and a brief exercise



Ready-to-print PDF or
Fill-in Google Slides

What's Covered



What makes someone responsible

Being responsible at school

Being responsible at home

Taking ownership of your choices

Reflection

Worksheet Layout

FRONT

BACK

RESPONSIBILITY

Being responsible means
and trust you. A responsible person
do or a way you should act.

intro to topic

DAY 1

When you are responsible, you do what you say you will, make good choices, and own your actions.

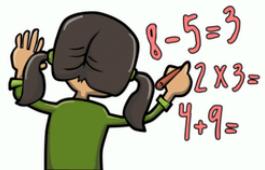
RESPONSIBILITY IS

Making sure you do something you said you would do, like helping a friend with their math.



Making good choices on your own like doing your homework before you go out to play.

Taking ownership for your choices, like saying sorry when you make a mistake.



How are you responsible?

Responsibility
Day 4

What is a house rule you have to follow?



THINK ABOUT IT

personal reflection

LET'S TRY IT!



There are things that we can be responsible for on our own. Think about the things you could do by yourself or with only a little help. Check off one that you want to try.

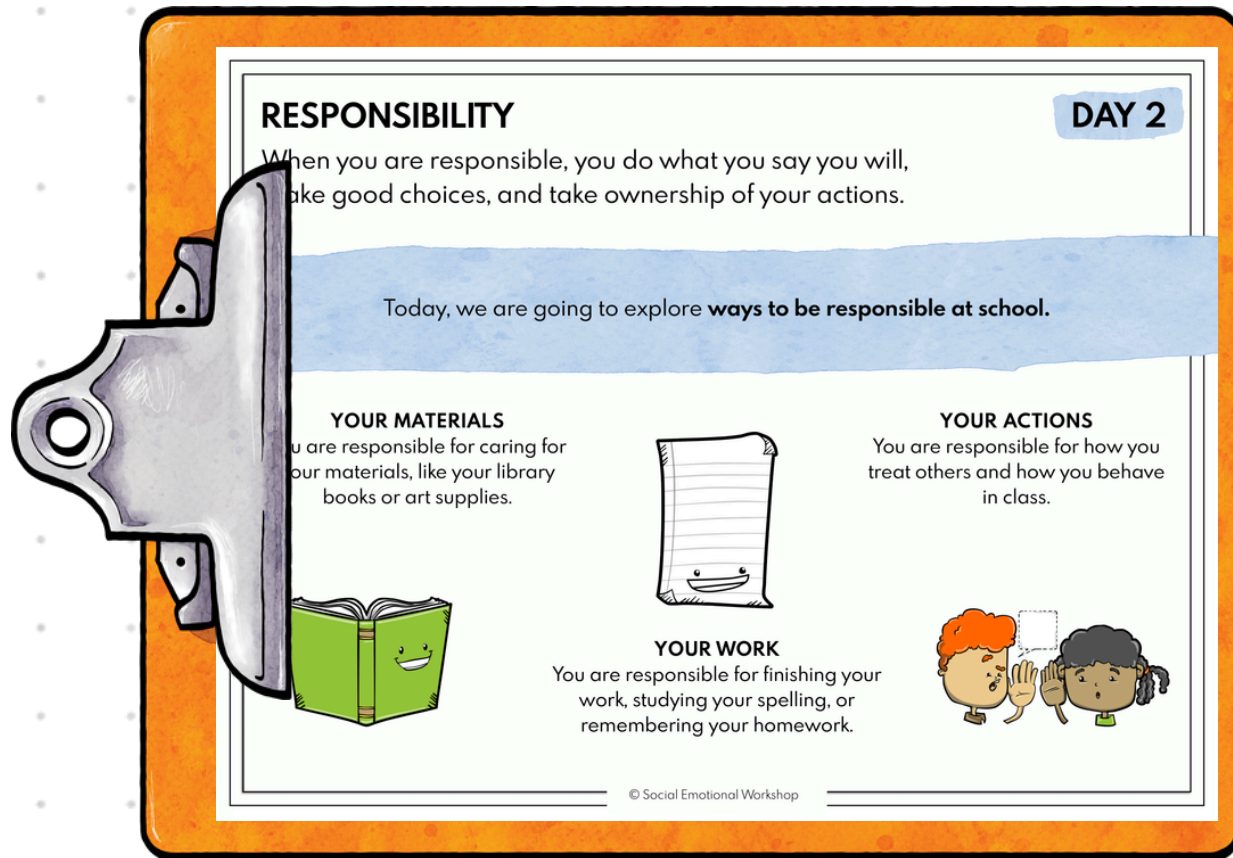
- ☐ Making breakfast
- ☐ Cleaning room
- ☐ Feeding a pet
- ☐ Setting the table
- ☐ Something else? _____

Talk to your parent or caregiver about being

brief
exercise

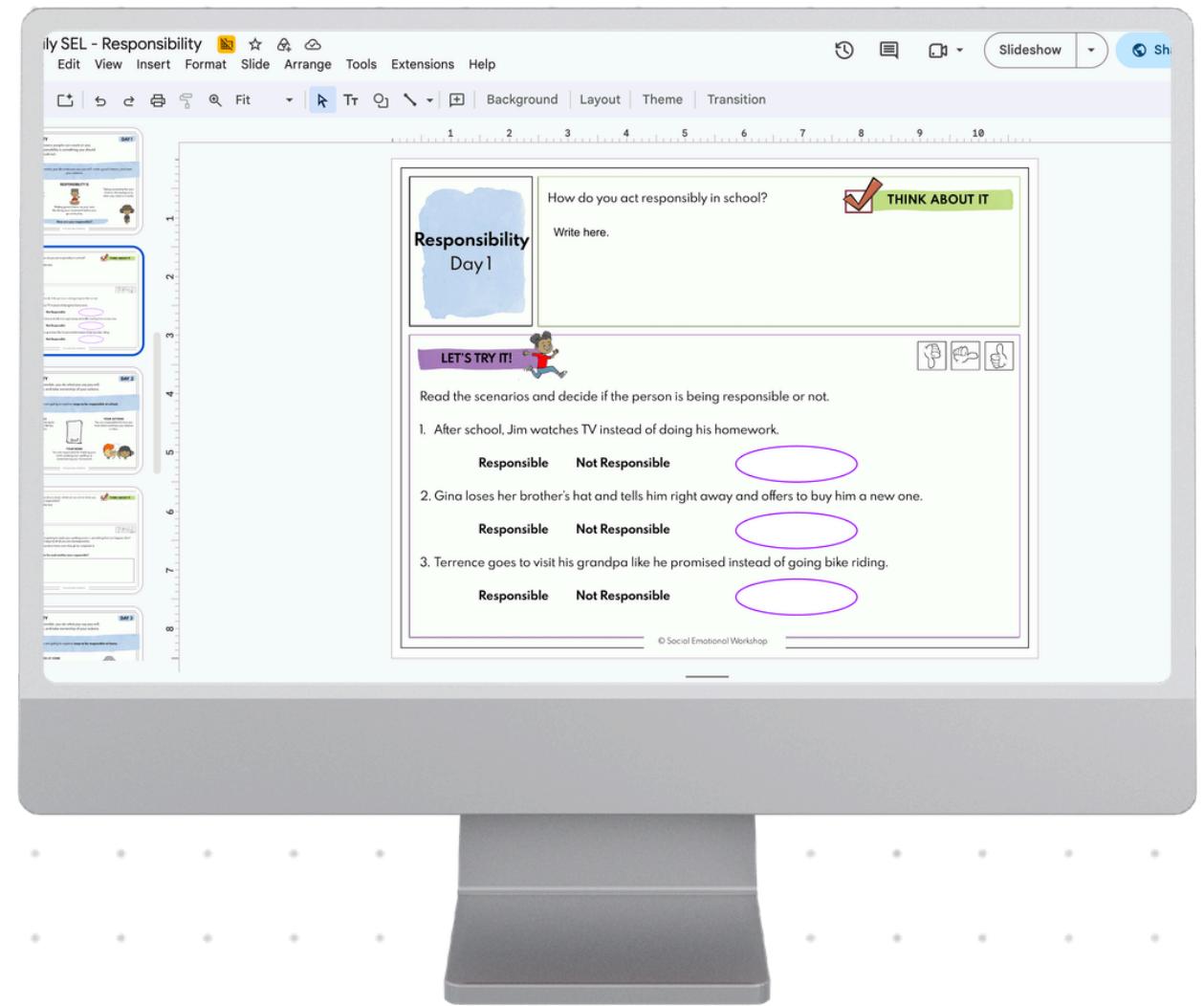
Formats

Print in Color or BW



Fill-In Google Slides

Students can fill in the worksheets.



Details



Grade Level

3rd to 5th



Made For

Classroom and counseling



File Format

PDF

Google Slides



AND

Print and go

No prep



Printing

Color and BW

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Social Emotional
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Hi! I'm Laura

I create research-driven, uncomplicated tools and resources that help students build social and emotional skills in the classroom and counseling.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

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