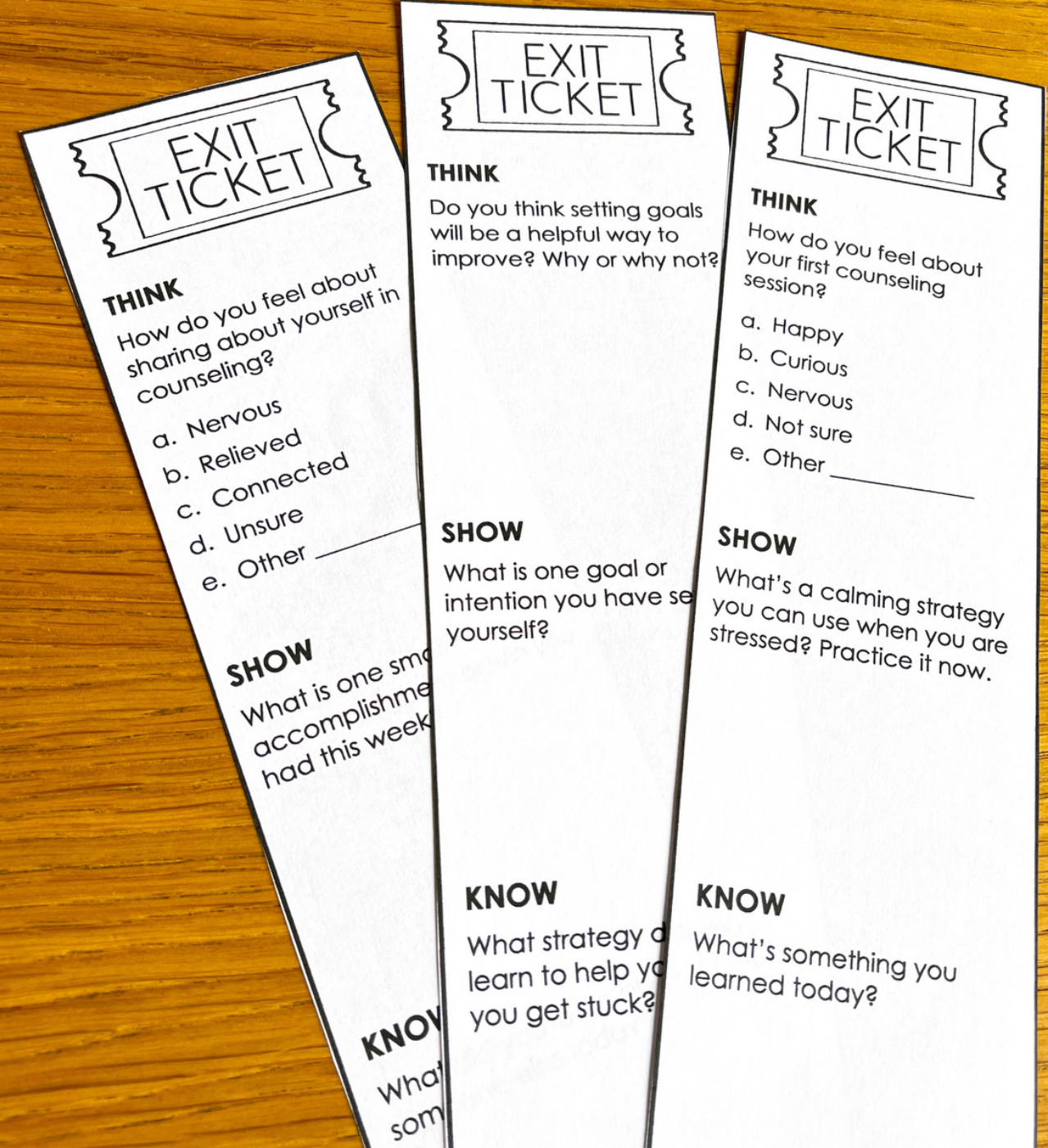


COUNSELING EXIT TICKETS

Quick, informal way to understand what a student has taken away from the session and what they are feeling and thinking.



About This Resource

A set of exit ticket templates that you can use at the end of counseling sessions to gauge what the student took away.

This resource will help you:

Collect informal data

Plan for your next sessions

Understand what a student thinks and feels

APPLY IT

How can you apply one thing we talked about today?



Think, Know, Show Format

Simple format that prompts a students to share what they think about a topic, what they can apply, and what they know.

note



THINK

How do you feel about your first counseling session?

- a. Happy
- b. Curious
- c. Nervous
- d. Not sure
- e. Other _____

SHOW

What's a calming strategy you can use when you are stressed? Practice it now.

KNOW

What's something you learned today?

Today I Learned Exit Tickets

Simple format that has a student stop and reflect on what they learned, what their goals are, and how they feel.



EXIT
TICKET

TODAY I LEARNED

I AM WORKING ON

I FEEL



The image shows a template for an 'Exit Ticket' form. At the top, there is a graphic of a ticket stub with the words 'EXIT TICKET' written on it. Below this, the form is divided into three sections for reflection: 'TODAY I LEARNED', 'I AM WORKING ON', and 'I FEEL'. The form is enclosed in a double-line border. In the bottom right corner, there is a small icon of two overlapping hearts.

20+ Question Prompts Exit Ticket

20 Prompts that helps students reflect and opens communication.

CHANGED MY MIND

Write down something you changed your mind about.

ONE SENTENCE

In one sentence, write something you learned

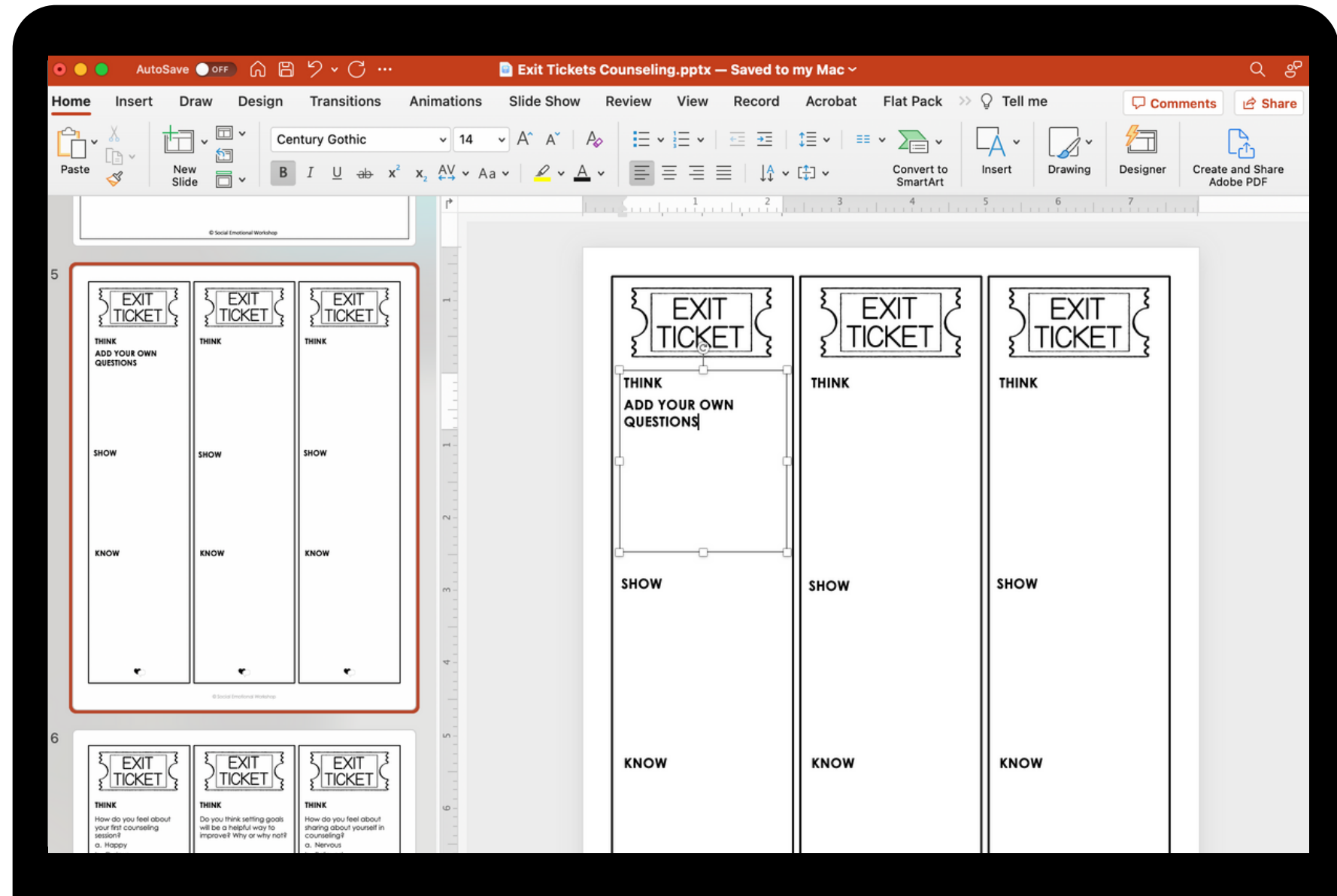
COMMENT & QUESTION

Write down one comment and one question you have.



Editable Text

Edit questions
and add your
own inside
PowerPoint file





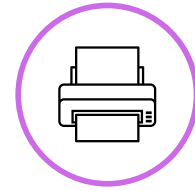
TODAY I LEARNED

I AM WORKING ON

I FEEL



DETAILS



Color and blackline



For grades 2 - 8

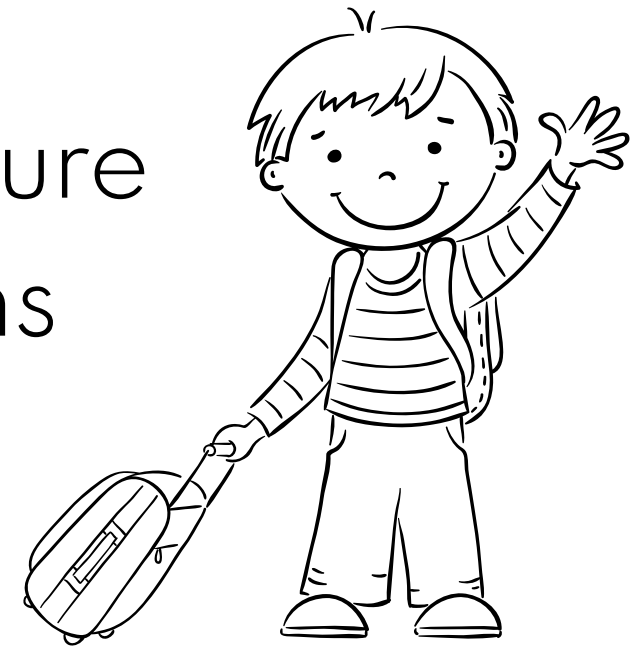


Perfect for individual and group counseling

Counseling Exit Tickets

Exit tickets are one to three questions or prompts. They will give you insight into what the student took away or how they feel about the topic. Keep it simple and quick.

Use the information they share to inform future sessions or lessons. Follow-up with concerns and questions.



SIMPLIFY INDIVIDUAL COUNSELING

Flexible resources you can use to build individualized and effective counseling sessions.

[VIEW RESOURCES](#)



grab the counseling
building blocks
bundle and save

Hi! I'm Laura

I create research-driven, uncomplicated tools and resources designed to build students' social and emotional skills in counseling or the classroom.

During ten years as a school psychologist, I wore all the hats - but the one I never took off was supporting my colleagues.

Whether you're a first-year counselor or a seasoned teacher, I want you to have the tools you need to support each student.

Visit [my blog](#) for more ideas and [subscribe](#) for exclusive resources!

contact: support@socialemotionalworkshop.com



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